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harmony of the simple life." This book is well worth thoughtful reading.

**OBSTETRICS FOR NURSES.** Fifth Edition. By Joseph B. DeLee, M.D., Professor of Obstetrics in the Northwestern University Medical School, Chicago. 12mo of 550 pages, with 235 illustrations. Philadelphia and London: W. B. Saunders Company, 1917. Cloth, \$2.75.

For many years the nursing profession has been indebted to Dr. Joseph B. DeLee for clear and interesting instruction in this branch of medical science. This book is the outgrowth of eight years of lecturing to nurses, and the author has most successfully presented the subject from the nurse's point of view.

To quote from the introduction, "Why should not the woman about to perform the highest function of the race, at the most interesting, most endearing, and the crucial moment of her life, enjoy the greatest benefits, the finest art that the science of medicine affords?" The nurse needs special and careful instruction for the work of caring for women during this most important period that she may "smooth the path for the advance of the obstetric art."

The new fifth edition just published is a splendid textbook. The chapters on Visiting Nursing, Private Duty Nursing, and Dietary, add much to the value of the book.

The outlines of study by Nancy E. Cadmus are a help to the teacher. The illustrations are unusual, detailed and instructive, and the book deserves a place in every class room.

**DIETETICS FOR NURSES.** By Julius Friedenwald, M.D., Professor of Gastroenterology in the College of Physicians and Surgeons, Baltimore; and John Rurah, M.D., Professor of Diseases of Children in the College of Physicians and Surgeons, Baltimore. Fourth edition, revised and enlarged. 467 pages. W. B. Saunders Company, Philadelphia and London. Cloth, \$1.50 net.

A new edition of this well known textbook will be welcomed by teachers and students alike. The subject of diet, especially of diet in disease, grows in importance each year. The article on diabetes has been largely rewritten and valuable diet lists are added. The section on infant feeding has been revised thoroughly. The book is an excellent up-to-date hand-book, giving the essentials of dietetics in a clear and definite manner.

**MY BIRTH.** The Autobiography of an Unborn Infant. By Armen-houie T. Lamson. The Macmillan Company, New York. Price, \$1.25.

As the author herself states, "This is a humble but daring nar-